
18/12/2020

IS PROJECT

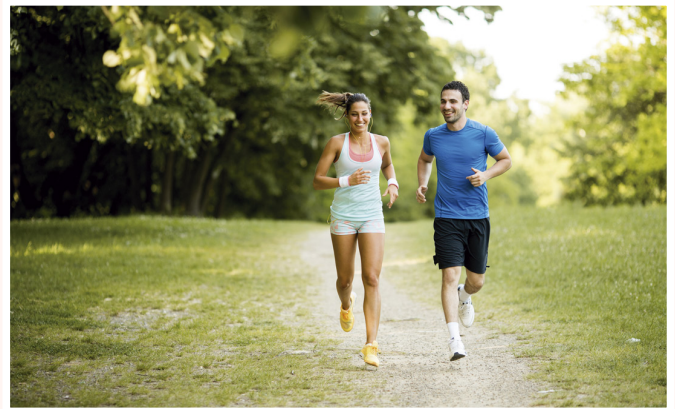
SUMMARY OF THIS PROJECT

- **In this project I try to explain some informations about doing sport. Also I try to explain everything about national sport which name is basketball.**



BENEFITS OF DOING SPORT

- **The benefits of doing sport helps to lose weight because our body will destroy oil which is in our body if we do sport and as a result we will lose weight. Also it helps to live longer than normal because our organ will work in a good way if we do sport and because of this we will live longer than normal.**



P.E. LESSON

- **We have 2 hours of P.E. lesson. I think it's not enough because people need to do sport for 2 hours in a day but we are doing sport 2 hours for a week.**



SPENDING TIME FOR SPORT

- **No I don't think. Because they only walk to their company and sit on the chair or they watch films but they shouldn't do these. They should do sports but they don't like in the past. For example in the past people used to do sports but nowadays people didn't use to do sports.**



INDIVIDUAL AND GROUP SPORTS

- **I prefer doing group sports. Because people can feel better because her or his teammate comfort him or her if he he or she lost game. Also people can win medal in a easy way because total scor helps to win medal and it will be easier than individual.**



DANGEROUS SPORT

- **I think the most dangerous sport is high altitude climbing. Because people can fall down from mountain and as a result they can die. Also when they are doing this sport, they always feel anxious because they always worried about falling down and die.**



MONEY

- **I think good things about that because athletes spend a lot of time for exercises to victory in a tournament. Sometimes they can't see their family because of their work and because of this they need to making this money to make them and their family feel happy.**



SPORT CHARACTER

- **think same. Because people try to interested about sport which they like. It means they don't try to do new sport and because of this sport not building a character. They try to do sports which they like and because of this they reveal their real character from them, not a new character.**



BASKETBALL

HISTORY

- **Dr. James Naismith who is P.E. teacher discovered basketbol in Canada in 1881. When they discovered basketball, basketball had a few rules. For example they can only throw ball but nowadays there are lots of rules about basketball. Also in the past basket was very small for throwing ball but now it's enough for throwing ball.**



HOW IT IS PLAYED

- It plays with a ball which is bigger than football ball. There are 5 players who play in the game and coach can make some player change. If the ball goes through the basket, team can get 1, 2 or 3 points. Also there are 4 part and 1 part is 12 minutes. At the end of match which team get better points from other team they win.



RULES

- **There are lots of rules. For example people couldn't walk while they are holding ball. If they do this it means step. Also if player make 5 foul, arbitrator expel player from the match.**



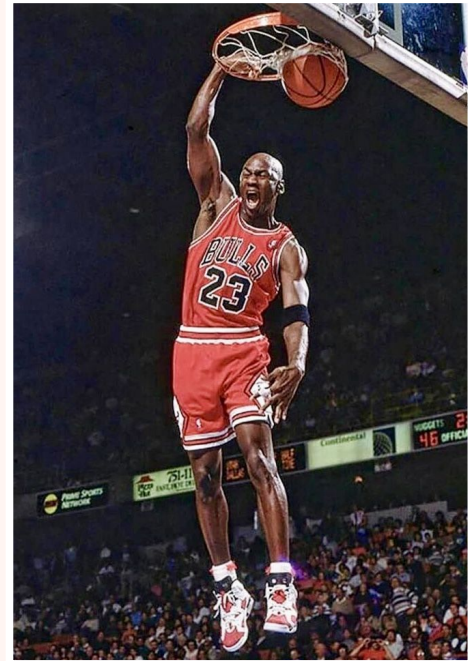
EQUIPMENTS

- **There are few special equipments about basketball. For example players need to wear basketball shoes because it helps to jump better than normal, also it helps to not fall. They need play with basketball ball because it has special and comfortable points for basketball matches.**



AMERICA BASKETBALL

- **America is good at this game. Also other countries try to play basketball but America is the best. Because. it discovered in Canada and America close to Canada. After this it being popular in America and they start to play basketball in there. Other countries try to be good at basketball but they focus on other sports like football.**



COMPETITIONS

- **The biggest competitions about basketball is NBA because all famous and good basketball player play in this league and legend teams played in this league. Because of, this is the biggest competitions you will ever seen in yourlife.**



KOBE BRYANT

- **The most well-known player of this sport is Kobe Bryant. His nickname is Black Mamba. His weight was 92 kg and his height was 1.98 m. His position was shooting guard and when he played basketball he used 8 and 24 numbers for his sports gear. He was born in 1978 in America and he died in 2020. When he died, he was very young because he was 41 years old. He started his career in 1996 and finished his career in 2016 with saying this word “Mamba Out” He had very big success. For example he broke a record. He had 81 points for his teams in a match. Also he had lots of spectators in the matches.**



GLOSSARY

- **Spectator: someone who watches an event, sport, etc.**
 - **Discover: to find something**
 - **Coach: someone whose job is to teach people to improve at a sport, skill, or school subject**
 - **Comfort: a pleasant feeling of being relaxed and having no pain**
 - **National: relating to the whole of a country**
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RESOURCE

- https://en.wikipedia.org/wiki/History_of_basketball
- https://en.wikipedia.org/wiki/Kobe_Bryant



THANKS
